



# DANIEL ROMANCHUK

4x Paralympic Medalist (2x Gold, 2x Bronze)  
Reigning Paralympic Gold Medalist in the 5000m  
3x Paralympian (2016, 2020, 2024)  
2019 World Champion - Marathon Winner of Every Major Marathon

**LA28 Paralympic Event: Wheelchair Racing**

# HIS STORY

Daniel Romanchuk is a 27-yr-old Paralympic track and marathon athlete who was born with spina bifida. He grew up playing a variety of sports (swimming, basketball, sled hockey, etc.) with the Bennett Blazers Physically Challenged Sports Program in Baltimore, Maryland. At the age of 16, he began focusing on wheelchair racing and training with the renowned University of Illinois Wheelchair Track Program. He went on to win the 5000m Gold Medal at the 2015 Parapan Am Games at the age of 17, then was a member of Team USA at the 2016 Rio Paralympic Games.

2018 was a breakout year for Daniel. He placed 3rd in the Boston and London Marathons in April, broke the 5000m track World Record in May, broke the 800m track World Record in June, and won both the Chicago and New York City marathons in the fall. He was the first American to ever win the male division of the NYC Marathon. In 2019, he became the first American and youngest ever male to win the Boston Marathon. He followed this performance up by winning by winning the London Marathon/World Championship and clinching the Abbott World Marathon Majors Series XII Title in late April, becoming the youngest athlete ever to earn this prestigious honor. In the 2020 Tokyo Paralympics, Daniel secured his first gold medal in the men's 400m. He then proceeded to win a bronze medal in the men's marathon making him a 2x medalist in the 2020 Paralympic games.



Daniel currently lives in Champaign, IL where he trains with the University of Illinois program as he prepares for the 2028 Paralympic Games.

Outside of his own racing career, he is passionate about giving back and encouraging the next generation to pursue sport. Giving back is part of the Romanchuk family focus. This stems not only from their faith, but also from their recognition that Daniel has been supported by so many throughout his career. In 2025, Daniel founded 'Wheels for Change', an organization whose goal is to foster a more inclusive world by showcasing the athleticism, resilience, and spirit within the disability community, using racing to challenge stereotypes and inspire change.

**LA28 Paralympic Events: Track and Marathon**





Daniel regularly returns to help coach the Bennett Blazers and inspire younger athletes, and he sponsors a young boy in Brazil through Compassion International to ensure he has a good education and family support. The Romanchuk family regularly assists other families with kids with disabilities through their church community. In addition, Daniel and his family have donated equipment and worked with groups like Joni and Friends to refurbish wheelchairs for those in need around the world.

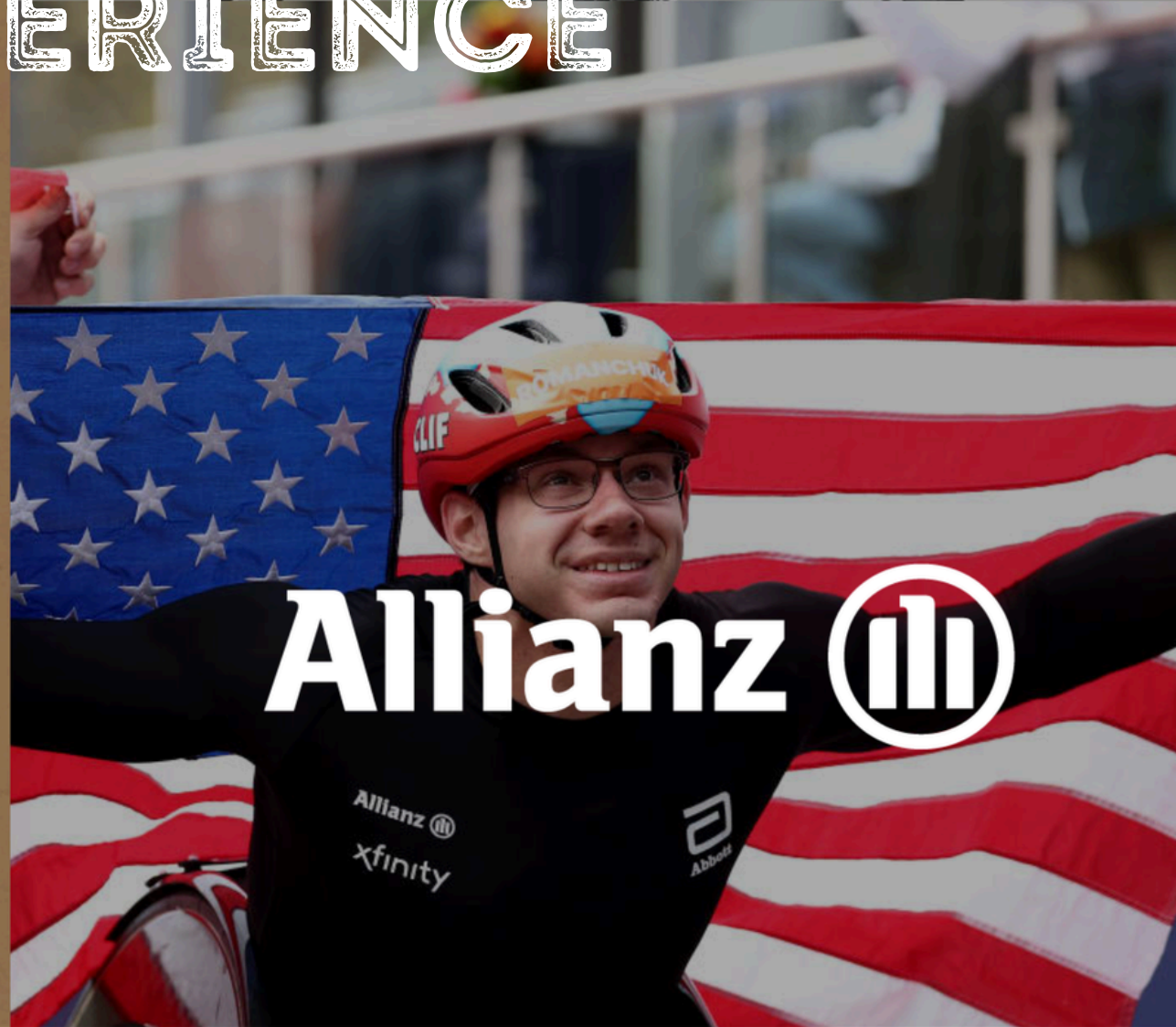
Daniel's father is an engineer, and his mother was in residency at the prestigious Johns Hopkins Hospital. He has an older brother, Josh, who is a coach at the Bennett Blazers, and an older sister, Kathryn. Daniel married his wife Hannah in 2024.



# BRAND EXPERIENCE



 **Abbott**



**Allianz** 



@daniel.romanchuk

