Chris Mazdzer

2018 Olympic Silver Medalist
LUGE

Inst/Tw: @mazdzer
FB: @ChrisMazdzer

4x Olympian
10x World Cup Medalist
7x National Champion

Height: 6'1"
Weight: 190 lbs.
DOB: 6/26/1988
Birthplace: Pittsfield, Mass.
Hometown: Saranac Lake, N.Y.
College: DeVry University

Born in Massachusetts, Chris was just a few years old when the Mazdzer family moved to the Adirondack region of upstate NY, not far from Lake Placid, site of the 1980 Olympic Winter Games and home to one of only two luge tracks in the US. That's where Chris got his start at just 8 years old. Given the choice to try bobsled or luge, Chris picked luge simply because the line of other kids was shorter so he got more turns to go racing down the icy track in a single afternoon. That eventually proved to be a great decision. Twenty years later, on February 12, 2018, on the other side of the world in PyeongChang, South Korea, Chris made history becoming the first-ever American athlete to win a medal in the Men's Single Luge event.

Mazdzer's historic win has made him one of the breakout stars of the entire US Olympic Team. He's the guy from the small sport, with the big personality, who was able to be at his best when it mattered most. It was a quintessential Olympic moment, one he had dreamed of for decades, that ended on the Olympic podium with a medal around his neck and turned him from a little know athlete into *The Biggest Luger*. Chris competed in his fourth Olympic Games on Team USA in 2022 and is still going strong.

Not just beauty and brawn, Chris has a degree in business admin/finance and when he's done with his athletic career, he aspires to be a financial consultant. He is widely regarded as the team leader, both on and off the ice, and is a member of the prestigious executive board of the Federation of International Luge. Chris and his wife live in Park City with their toddler son, Nico.

What Chris Speaks About?

'Designing Peak Performance with The Biggest Luger'

Though Chris competes in the high-speed sport of luge, where 90+ mph is just another day at the office, he's the last guy to take himself too seriously. In this entertaining, high energy presentation, complete with shocking training and crashing videos, and plenty of Olympic fanfare, Chris gives his audiences a never before seen view of his little known sport, while sharing the insights he has learned through his life on ice. The name of the game is peak performance under pressure. How do you do that? How can you be at your best when it matters the most? In a sport that is timed to the 1/1000th of a single second, Chris shows how every detail, every split second decision, makes the difference between ultimate success and being part of the pack.

Chris's energetic presentation covers the following topics:

- Achieving **peak performance** under pressure
- Managing **change and unexpected obstacles**
- Maximizing **teamwork** even in an individual sport
- **Setting and achieving** long term **goals**
- **Approaching goals with passion and purpose**

Contact to book Chris:

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