

CARSON CLOUGH

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2024 PARALYMPIC SILVER MEDALIST
2026 CHAMPION - WORLD TRIATHLON - DEVONPORT
TEAM RELAY PARA TRIATHLON WORLD CHAMPION USA
PARA TRIATHLON NATIONAL CHAMPION
2X NORTH AND SOUTH AMERICAN CHAMPION

LA28 PARALYMPIC SPORT: PARA TRIATHLON

HIS STORY

A natural-born athlete, Carson Clough's journey from collegiate lacrosse player to Paralympic medalist is nothing short of extraordinary.

Born and raised in Charlotte, North Carolina, Carson grew up with a love for competition. He played Division I lacrosse at the University of North Carolina at Chapel Hill, where he won an ACC Championship, earned Academic Honor Roll honors, and graduated with degrees in biology, chemistry, and business entrepreneurship.

But in 2019, Carson's life changed in an instant. A boating accident led to a below-the-knee amputation. For many, it would have been the end of an athletic career. For Carson, it was the beginning of something even bigger.

Only two years after learning to walk again, Carson competed in his first triathlon, racing with a walking prosthetic and minimal training. Since then, he has finished over 15 sprint-distance triathlons across eight countries, competed in the 2022, 2023 and 2024 World Championships and qualified for his first Paralympics in 2024 where he became a Paralympic Medalist winning the Silver medal.





Now top ranked in the U.S. and globally, Carson is a two-time North and South American Champion, a USA Para Triathlon National Champion, and a Team Relay World Champion.

Carson's success doesn't stop at the finish line. In 2020, he co-founded The Giddy Goat Coffee Roasters, a Charlotte-based coffee business with 2 locations and over 40 employees. Additionally, he also owns and manages Cutback, LLC Real Estate Investments, a real estate investment company. focused on local projects.





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